



# CORC 2003 Winter XC Series

Round 1 : Greenleigh : 13 Jul 2003

First 3 Places in each Category



Place	No.	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Time Dif	Av Spd
<b>Senior Men</b>											
1	206	James Williamson	20:34	20:58	23:53	21:02	21:47		1:48:14		20.48
2	409	Shane Spicer	22:18	22:52	22:57	23:34	24:11		1:55:52	7:38	19.13
3	392	David Osmond	23:16	23:55	23:21	23:11	24:26		1:58:09	9:55	18.76
<b>Senior Women</b>											
1	233	Raeleigh Rogers	25:13	26:20	26:39				1:18:12		17.01
<b>Sport A Men</b>											
1	326	Ira Cooke	22:50	23:00	22:36	23:06			1:31:32		19.38
2	363	Michael Johnson	22:48	23:00	23:23	24:08			1:33:19	1:47	19.01
3	386	Joseph Cram	22:52	23:53	23:33	23:33			1:33:51	2:19	18.90
<b>Sport A Women</b>											
1	207	Cara Smith	27:03	27:16					54:19		16.33
2	268	Belinda Allison	27:36	27:40					55:16	0:57	16.05
3	237	Rosemary Barnes	29:11	30:27					59:38	5:19	14.87
<b>Sport B Men</b>											
1	303	David Medlock	22:48	23:29	23:29				1:09:46		19.07
2	434	Gareth Barnes	23:21	24:11	24:02				1:11:34	1:48	18.59
3	405	Adam Franklin	23:45	24:05	24:22				1:12:12	2:26	18.42
<b>Sport B Women</b>											
1	443	Liz Wilson	31:15	30:52					1:02:07		14.28
2	313	Simone Dilkara	34:22	33:26					1:07:48	5:41	13.08
3	402	Rebecca Henderson	31:48	37:34					1:09:22	7:15	12.78



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<b>Sport C Men</b>											
●	1	412 Anthony Scott	25:07	23:42					48:49		18.17
●	2	204 Shane Dawson	24:19	25:30					49:49	1:00	17.80
●	3	317 Stuart Wilkes	26:15	27:21					53:36	4:47	16.54
<b>Sport D Men</b>											
●	1	248 Reece Biddiscombe	30:09	32:45					1:02:54		14.10
●	2	421 Scott Murnain	31:38	33:24					1:05:02	2:08	13.64
●	3	253 Stephen Kelly	34:05	39:22					1:13:27	10:33	12.07
<b>Veteran Men</b>											
●	1	444 Simon Tilley	22:53	22:59	22:54				1:08:46		19.34
●	2	432 Rodney Higgins	22:04	23:06	24:30				1:09:40	0:54	19.09
●	3	250 Doug McLean	22:47	23:58	23:10				1:09:55	1:09	19.03
<b>Veteran Women</b>											
●	1	126 Julia Graczyk	27:05	28:20					55:25		16.00
●	2	422 Rachel Storey	31:14	32:00					1:03:14	7:49	14.02
<b>Masters Men</b>											
●	1	263 Paul Lees	23:39	23:31					47:10		18.80
●	2	218 Phillip Hopkins	23:41	23:31					47:12	0:02	18.79
●	3	125 John Henderson	25:15	26:39					51:54	4:44	17.09
<b>Masters Women</b>											
●	1	426 Adair Ferguson	32:07	30:08					1:02:15		14.25



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<b>Under 19 Men</b>											
●	1	283 Ben Henderson	22:11	22:52	22:23				1:07:26		19.73
<b>Under 17 Men</b>											
●	1	404 Angus Harding	24:02	24:39					48:41		18.22
●	2	902 Luke Graydon	27:46	28:31					56:17	7:36	15.76
●	3	399 Kieran Hoop	33:41	35:37					1:09:18	20:37	12.80
<b>Novice Women</b>											
●	1	410 Jenet Connell	38:42						38:42		11.46